

NATIONAL RESPECT DAY CELEBRATIONS

REPORT

The Postgraduate Department of Sociology celebrated National Respect Day at the Senior Citizen Home, Sector 15-D, Chandigarh, on 19th September 2025 as an outreach activity as part of curriculum under the NAAC accreditation framework and SEWA Pakhwara. The students and faculty of Postgraduate Department of Sociology visited the Senior Citizen Home, Sector 15-D, Chandigarh on National Respect Day. The activity was undertaken to inculcate feelings of respect for elders and was conducted under the guidance of Prof. (Dr.) Anita Kaushal, Principal. Dr. Ranjay Vardhan, Head of the department coordinated the event. Dr. Amrit Kaur was co-coordinator and provided guidance to the students for the cultural activities and Dr. Seema Chauhan managed the refreshment and discipline.

50 students from M.A Ist and IInd year Sociology participated in the event and were accompanied by all faculty members of the department. The celebration began with a warm welcome by the staff member of Senior Citizen Home highlighting the procedure for adoption of elderly persons at their old age home. The students initiated friendly interactions with 34 inmates (16 each males and 18 females) at the Senior Citizen Home followed by an entertainment program with mix of classical Songs and popular melodies allowing residents to sing along with them. The students conducted interesting games with them in order to involve and encourage interaction amongst residents. A story-telling session was organized where residents shared their personal experiences and memories from their lives. The inmates were very happy and blessed everyone. They shared their life experiences and motivated students to achieve excellence in life. Later refreshment was distributed to them. This was followed by declaring the names of the winners who have actively participated in the games and gifts were given to them. The celebration ended up with the traditional Giddha performance by the students.

The program not only brought joy to the elderly residents but also had a meaningful impact on the students, helping them understand the importance of respect and social responsibility. This was a Sewa for elderly in SEWA Pakhwara.

Dated:19/09/2025



Dr Ranjay Vardhan

Head, Department of Sociology



Prof. (Dr. Anita Kaushal)

Principal





