


Report on Makeup and Skincare Regime Session

The Personality Development Club of Post Graduate Government College for Girls (PGGCG-42), Chandigarh, organized an insightful session on **Makeup and Skincare Regime** conducted by renowned beauty expert **Ms. GurpreetKaur** (Winner of Mrs. India International, 2019, Mrs. Punjab, 2018 and an Internationally Certified Makeup Artist). The session took place on 18th September, 2024 in the Conference Room, IT Block in two sessions and was attended by 178 students of the PD club of the college and interested faculty members from various streams. The session was inaugurated by Principal (Prof.) Dr. Binu Dogra wherein she congratulated the students in showing immense interest in such event.

The first session one was about Learning Professional Makeup from 10:00 AM to 11.30 AM. The second session was about Learning Skin Care Regimes from 12PM to 1: 30 PM. During the interactive sessions two looks were created one being corporate look and the other being traditional/ party look. The primary aim of the session was to educate the participants about effective skincare routines and to teach basic makeup techniques that enhance one's natural beauty while promoting skin health. The key highlights included importance of personal hygiene, skin care regimes, various make up techniques and Do's and Don'ts of Makeup Application. Mrs. GurpreetKaur stressed upon the importance of cleansing, toning and moisturizing as the fundamental steps for a glowing and healthy skin. She also shared tips on how to protect the skin from pollution and harmful UV rays by using sunscreen daily. The participants actively engaged in an interactive Q&A session where they asked questions regarding their specific skincare concerns and

makeup dilemmas. Mrs.Gurpreet patiently addressed each query, offering personalized advice and product recommendations. This interactive and informative session was a great success, fulfilling the Personality Development Club's mission to empower students with practical life skills and therefore enhance their personality.The Personality Development Club of PGGCG-42 is committed to organizing more such events to promote self-care and personal grooming among its members.


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