**PG.GOVT COLLEGE FOR GIRLS, SECTOR-42, CHANDIGARH**

**Teaching Plan Odd Semester (For Undergraduate Classes - First Year)**

**Session (2022-2023)**

**Class: B.A I**   **Name of the Teacher:Mrs Amandeep**

**Subject: Psychology Period : 7th**

**Paper : General Psychology Room No : 316**

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| **S. No** | **Dates** | **Topics to be covered** |
| Week 1 | 16-08-2022 to 20-08-2022 | UNIT 1 :Nature of Psychology |
| Week 2 | 22-08-2022 to 27-08-2022 | Goals and Branches |
| Week 3 | 29-08-2022 to 03-09-2022 | Historical evolution of Psychology |
| Week 4 | 05-09-2022 to 10-09-2022 | Development of Psychology in India |
| Week 5 | 12-09-2022 to 17-09-2022 | UNIT III : Methods of Psychology : Brief orientation |
| Week 6 | 19-09-2022 to 24-09-2022 | Experimental method |
| Week 7 | 26-09-2022 to 01-10-2022 | Observation and Sampling method |
| Week 8 | 03-10-2022 to 08-10-2022 | Survey Method |
| Week 9 | 10-10-2022 to 15-10-2022 | Revision |
| Week 10 | 17-10-2022 to 22-10-2022 | UNIT II : Definition and concept of emotions |
| Week 11 | 25-10-2022 to 27-10-2022 | Types of Emotions |
| **Mid Semester Exam (28th October 2022 – 4th November 2022)** | | |
| Week 13 | 5-11-2022 | Theories of Emotions: James Lange and Cannon Bard |
| Week 14 | 07-11-2022 to 12-11-2022 | Schacter Singer theory of emotion and Emotional Intelligence |
| Week 15 | 14-11-2022 to 19-11-2022 | UNIT-IV Definition, Nature and Concept of Motivation, Types of motives |
| Week 16 | 21-11-2022 to 26-11-2022 | Theories of Motivation: Humanistic and Need Theories.  Revision. |

**PG.GOVT COLLEGE FOR GIRLS, SECTOR-42, CHANDIGARH**

**Teaching Plan Odd Semester (For Ongoing Classes UG-PG)**

**Session (2022-2023)**

**Class: B.A II**   **Name of the Teacher: Dr. Rumeena S. Singh**

**Subject: Psychology Period : 3rd**

**Paper :Experimental Psychology Room No : 316**

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| **S. No** | **Dates** | **Topics to be covered** |
| Week 1 | 13-08-2022 | Unit 1: Introduction to the Nervous System |
| Week 2 | 16-08-2022 to 20-08-2022 | Structure and functioning of Neuron |
| Week 3 | 22-08-2022 to 27-08-2022 | Divisionsof Nervous system |
| Week 4 | 29-08-2022 to 03-09-2022 | Structure and functioning of Brain |
| Week 5 | 05-09-2022 to 10-09-2022 | Unit 2 : Concept and types of Sensation |
| Week 6 | 12-09-2022 to 17-09-2022 | Structure and functioning of Eye |
| Week 7 | 19-09-2022 to 24-09-2022 | Theories of Vision |
| Week 8 | 26-09-2022 to 01-10-2022 | Structure and functioning of Ear  Theories of Hearing |
| Week 9 | 03-10-2022 to 08-10-2022 | Revision, MCQ test through Google forms quiz |
| Week 10 | 10-10-2022 to 15-10-2022 | Unit 3: Concept of Psychophysics, thresholds |
| Week 11 | 17-10-2022 to 22-10-2022 | Method of limits |
| Week 12 | 25-10-2022 to 27-10-2022 | Method of constant stimuli |
| **Mid Semester Exam (28th October 2022 – 4th November 2022)** | | |
| Week 13 | 5-11-2022 | Method of average error |
| Week 14 | 07-11-2022 to 12-11-2022 | MCQ |
| Week 15 | 14-11-2022 to 19-11-2022 | Unit 4: Concept of learning, Classical Conditioning |
| Week 16 | 21-11-2022 to 25-11-2022 | Instrumental Conditioning, Observational Learning |

**PG.GOVT COLLEGE FOR GIRLS, SECTOR-42, CHANDIGARH**

**Teaching Plan Odd Semester (For Ongoing Classes UG-PG)**

**Session (2022-2023)**

**Class: B.A III**   **Name of the Teacher: Dr. Rumeena S. Singh**

**Subject: Psychology Period : 5th**

**Paper : Clinical Psychology Room No : 301**

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| **S. No** | **Dates** | **Topics to be covered** |
| Week 1 | 13-08-2022 | Unit 1: Introduction to the concept of Abnormality |
| Week 2 | 16-08-2022 to 20-08-2022 | Historical viewpoint of abnormality |
| Week 3 | 22-08-2022 to 27-08-2022 | Psychodynamic viewpoint of abnormality |
| Week 4 | 29-08-2022 to 03-09-2022 | Behavioral viewpoint of abnormality |
| Week 5 | 05-09-2022 to 10-09-2022 | Cognitive Behavioral viewpoint of abnormality |
| Week 6 | 12-09-2022 to 17-09-2022 | Humanistic, and Interpersonal viewpoint of abnormality, Revision |
| Week 7 | 19-09-2022 to 24-09-2022 | Unit 2-Causes of Abnormal Behaviour, Biological causes |
| Week 8 | 26-09-2022 to 01-10-2022 | Psychological causes |
| Week 9 | 03-10-2022 to 08-10-2022 | Socio-cultural causes |
| Week 10 | 10-10-2022 to 15-10-2022 | Unit-3. Concept of Stress |
| Week 11 | 17-10-2022 to 22-10-2022 | Types of stressors |
| Week 12 | 25-10-2022 to 27-10-2022 | Etiology of stress, Coping strategies- Problem focused and Emotion focused |
| **Mid Semester Exam (28th October 2022 – 4th November 2022)** | | |
| Week 13 | 5-11-2022 | Effects of stress |
| Week 14 | 07-11-2022 to 12-11-2022 | Unit 4- significance of statistics:Mean, standard deviation |
| Week 15 | 14-11-2022 to 19-11-2022 | Correlation, revision |
| Week 16 | 21-11-2022 to 25-11-2022 | Significance of difference between means (correlated and uncorrelated), Practice of statistics |