**POST GRADUATE GOVERNMENT COLLEGE FOR GIRLS**

**SECTOR-42, CHANDIGARH**

**Teaching Plan Even Semester (UG and PG)**

**Session (2022-2023)**

**Class: B.A.-I**   **Name of the Teacher:Mrs. Amandeep Kaur**

**Subject: Psychology Period :24**

**Paper :II Room No :**

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| **S. No** | **Dates** | **Topic to be covered** |
| Week 1 | 16/01/2023 – 21/01/2023 | UNIT-I Personality Concept |
| Week 2 | 23/01/2023-28/01/2023 | Trait Theories –Eysenck, Costa & McCray |
| Week 3 | 30/01/2023- 04/02/2023 | Psychoanalytic Theory- Freud and Humanistic Theory |
| Week 4 | 06/02/2023-11/02/2023 | Measurementof Personality and Practical  ( Personality ) |
| Week 5 | 13/02/2023-17/02/2023 | Presentation by students (UNIT-I) |
| Week 6 | 20/02/2023-25/02/2023 | UNIT-II Statistics-  Graphical Representation of Data |
| Week 7 | 27/02/2023-04/03/2023 | Central Tendency ,Variability and Co-Relation |
| Week 8 | 06/03/2023-11/03/2023 | Revision |
| Week 9 | 13/03/2023-18/03/2023 | UNIT-III  Development - Concept , Heredity & environmental Influences |
| Week 10 | 20/03/2023-25/03/2023 | Theories – Erickson & Piaget and Practical |
| Week 11 | 27/03/2023-01/04/2023 | Presentation by students(unit-III)& Practical |
| Week 12 | 03/04/2023-08/04/2023 | UNIT- IV Intelligence  Concept, Theory (Spearman)& Practical |
| Week 13 | 10/04/2023-15/04/2023 | Theories (Thurstone , Cattell, Guilford), |
| Week 14 | 17/04/2023-21/04/2023 | Presentation by students(unit-IV) |
| Week 15 | 24/04/2023-29/04/2023 | Revision |

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**Session (2022-2023)**

**Class: B.A.-II**  **Name of the Teacher:Dr. Rumeena Surjit Singh**

**Subject: Psychology Period :24**

**Paper :IV Room No : 316**

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| **S. No** | **Dates** | **Topic to be covered** |
| Week 1 | 16/01/2023 – 21/01/2023 | UNIT 1 : Definition and Types of Memory |
| Week 2 | 23/01/2023-28/01/2023 | Models of Memory  PRACTICAL(Memory) |
| Week 3 | 30/01/2023- 04/02/2023 | Measurement of memory  Forgetting: Retroactive and Proactive inhibition |
| Week 4 | 06/02/2023-11/02/2023 | Unit 2 : Concept of Perception and types of perception |
| Week 5 | 13/02/2023-17/02/2023 | Attention :Nature, types and factors  Practical : Division of attention |
| Week 6 | 20/02/2023-25/02/2023 | Unit 3 : Concept of Thinking,  Mechanics of Thinking  Nature of Thinking, Tools of Thinking  Types of Thinking |
| Week 7 | 27/02/2023-04/03/2023 | Concept and Definitions of Problem Solving  Stages of Problem Solving  Concept and Processes of Creativity |
| Week 8 | 06/03/2023-11/03/2023 | PRACTICAL: Span of attention  Torrance’s Theory of Creativity  Concept of Normal Probability Distribution |
| Week 9 | 13/03/2023-18/03/2023 | Concept of Normal Probability curve  Properties and applications of Normal Probability curve |
| Week 10 | 20/03/2023-25/03/2023 | Type I and Type II Errors |
| Week 11 | 27/03/2023-01/04/2023 | PRACTICAL : Retroactive inference  And Revision |
| Week 12 | 03/04/2023-08/04/2023 | Concept of Chi Square, its characteristics and assumptions |
| Week 13 | 10/04/2023-15/04/2023 | One way application of Chi Square with hypothetical examples |
| Week 14 | 17/04/2023-21/04/2023 | Two way application of Chi Square with hypothetical examples |
| Week 15 | 24/04/2023-29/04/2023 | Revision and Class Test |

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**Session (2022-2023)**

**Class: B.A. - III**  **Name of the Teacher:Dr. Rumeena Surjit Singh**

**Subject: Psychology Period :24**

**Paper :VI Room No : 301**

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| **S. No** | **Dates** | **Topic to be covered** |
| Week 1 | 16/01/2023 – 21/01/2023 | Introduction to Anxiety Based Disorders |
| Week 2 | 23/01/2023-28/01/2023 | Phobia, Obsessive Compulsive Disorders |
| Week 3 | 30/01/2023- 04/02/2023 | Panic Disorder ,Generalised Anxiety Disorder |
| Week 4 | 06/02/2023-11/02/2023 | Dissociative Disorder: Types, Symptoms & Etiology. |
| Week 5 | 13/02/2023-17/02/2023 | Dissociative Disorder cont. |
| Week 6 | 20/02/2023-25/02/2023 | Mood Disorders: Types , Symptoms &Etiology |
| Week 7 | 27/02/2023-04/03/2023 | Mood Disorders (cont.) |
| Week 8 | 06/03/2023-11/03/2023 | Revision and Class Test |
| Week 9 | 13/03/2023-18/03/2023 | Schizophrenia: Types , Symptoms & Etiology |
| Week 10 | 20/03/2023-25/03/2023 | Schizophrenia: Types , Symptoms & Etiology |
| Week 11 | 27/03/2023-01/04/2023 | Revision & Presentations by students |
| Week 12 | 03/04/2023-08/04/2023 | Psychotherapies: Introduction, Psychodynamic Therapy. |
| Week 13 | 10/04/2023-15/04/2023 | Behaviour Therapy  Cognitive- Behaviour Therapy |
| Week 14 | 17/04/2023-21/04/2023 | Humanistic Therapy. |
| Week 15 | 24/04/2023-29/04/2023 | Revision |