**PG.GOVT COLLEGE FOR GIRLS, SECTOR-42, CHANDIGARH**

**Teaching Plan Session Odd Semester**

**(2017-18)**

**Class: PGDGC**

**Subject: Psychology Period : 1, 2 and 3**

**Paper : I, 2 and 3 Room No : 325**

**Name of the Teacher: Anupreet, Mrs Amandeep & Ramanpreet**

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| **S. No** | **Date From** | **Date Upto** | | **Topics to be covered** |
| Week 1 | July 22 & July 24 2017 | July 29, 2017 | | Paper 1 , Unit 1 – Meaning , aims, principles and needs of guidance  Paper 2. Unit 1-  Paper 3- Unit1- history of psychological testing, nature and use |
| Week 2 | July 31 2017 | Aug 5, 2017 | | Paper 1, Unit 1- Types of guidance- personal, social, educational and career  Paper 2. Unit 1- Types and approaches of counselling  Paper 3- Unit 1- Test standardization ( Procedure, test writing) |
| Week 3 | Aug 7, 2017 | Aug 12, 2017 | | Paper 1, Unit 1- Types of guidance(cont.)- leisure time, health, guidance for differently abled children  Paper 2. Unit 1- Techniques in counseling- Testing and non testing techniques  Paper 3- Unit 1- Test standardization (reliability and validity) |
| Week 4 | Aug 14, 2017 | Aug 19, 2017 | | Paper 1, Unit 1- Emerging trends of guidance  Paper 2. Unit 1- qualities of effective counselor, self renewal preventive burnout, ethical guidelines  Paper 3- Unit 1- Interpretation of test scores |
| Week 5 | Aug 21, 2017 | Aug 26, 2017 | | Paper 1, Unit 2 – Individual Inventory Service, Information Service  Paper 2. Unit 2 Theories- Freud, Jung, Rogers, Maslow  Paper 3- Unit 1- Ethical and social issues in testing  Practical 1 |
| Week 6 | Aug 28, 2017 | Sept 2, 2017 | | Paper 1, Unit 2 –Counselling service, Preparation Service  Paper 2. Unit 2 Theories- Williamson, Cattell, Albert Ellis, Yoga therapy  Paper 3- Unit 2- Intelligence tests and Personality tests |
| Week 7 | Sept 4, 2017 | Sept 9, 2017 | | Paper 1, Unit 2 –Placement and follow up service  Paper 2. Unit 2 Theories- Skinner and Pavlov  Paper 3- Unit 2- Aptitude and Interest Tests |
| Week 8 | Sept 11, 2017 | Sept 16, 2017 | | Paper 1 – Revision of unit 1 and unit 2, checking notes made by students, group discussions.  Paper 2 – Unit 3 Meaning and process of adjustment, adjustment mechanisms, adjustment problems  Paper 3- Unit 2- Interest tests  Practical 2 |
| Week 9 | Sept 18, 2017 | Sept 23, 2017 | | Paper 1- Unit 3 Essential requisites of guidance programme, Organisation of guidance programme for elementary schools  Paper 2 – Unit 3 Causes of maladjustment, differences between adjusted and maladjusted, criteria of good mental health, role of counselor in developing good mental health  Paper 3- Unit 3- Achievement tests |
| Week 10 | Sept 25, 2017 | Sept 29, 2017 | | Paper 1, Unit 3- Organisation of guidance programme at secondary level  Paper 2, Unit 3 Techniques of stress management  Paper 3- Unit 3- Diagnostic tests: learning difficulty’ behavior problems  Practical 3 |
| **Autumn Break (30 Sept 2017- 09 Oct 2017)**  **Mid Semester Exam (10 Oct 2017 – 17 Oct 2017)** | | | | |
| Week 11 | Oct 18, 2017 | | Oct 21, 2017 | Paper 1, Unit 3- Role of teachers, guidance personnel  Paper 2, Unit 3 – Conflict resolution and mediation and violence prevention programs and models.  Paper 3- Unit 3-  Administration and interpretation of achievement and diagnostic tests  Practical 4 |
| Week 12 | Oct 23, 2017 | | Oct 28, 2017 | Paper 1, Unit 3- Management of resources in guidance Programme  Paper 2, Unit 4- Building trust topic and its sub parts.  Paper 3- Unit 4- Descriptive statistics  Preparing students for Power point presentations ( discussing topics and checking their material for ppt’s) |
| Week 13 | Oct 30, 2017 | | Nov 4, 2017 | Paper 1- Unit 4- Skill of using information technology and internet  Paper 2, Unit 4- Interview method  Paper 3- Unit 4- Correlations  Practical 5 |
| Week 14 | Nov 6, 2017 | | Nov 11, 2017 | Paper 1- Unit 4-  Use of online testing services, guidance services for education and career information  Paper 2, Unit 4- Specialised concerns of counselling (child abuse, internet abuse, drug addiction, HIV.  Paper 3- Unit 4- Normal probability curve and its applications |
| Week 15 | Nov 13, 2017 | | Nov 18, 2017 | Paper 1- Unit 4- Resource sharing  Paper 2, Unit 4- Counselling ( gerontology, Life long learning, Preparation for family life  Paper 3- Unit 4- Inferential statistics- parametric techniques  Practical 6 |
| Week 16 | Nov 20, 2017 | | Nov 25, 2017 | Paper 2 – Unit 4- Professional interests and trends  Paper 3- Unit 4- Inferential statistics- non parametric techniques |
| Week 17 | Nov 27, 2017 | | Dec 1, 2017 | Revision and discussing queries of children |