**PG.GOVT COLLEGE FOR GIRLS, SECTOR-42, CHANDIGARH**

**Teaching Plan Session Even Semester**

**(2017-18)**

**Class: BA III Name of the Teacher: Ramanpreet Kaur**

**Subject: Psychology Period :6th**

**Paper : I Room No : 313**

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| **S. No** | **Date From** | **Date Upto** | | **Topics to be covered** |
| Week 1 | Jan 08, 2018 | Jan 13, 2018 | | UNIT 1 : Introduction to Anxiety based disorders  Phobia, OCD |
| Week 2 | Jan 15, 2018 | Jan 20, 2018 | | Panic disorder, Generalized Anxiety Disorder, Practical- |
| Week 3 | Jan 22, 2018 | Jan 27, 2018 | | Conversion Disorder, Types of Dissociative Disorders |
| Week 4 | Jan 29, 2018 | Feb 3, 2018 | | Symptoms of Dissociative Disorders, Etiology of Dissociative Disorders |
| Week 5 | Feb 5, 2018 | Feb 10, 2018 | | Unit 2- Introduction to the mood disorders, types of mood disorders |
| Week 6 | Feb 12, 2018 | Feb 17, 2018 | | Symptoms of mood disorder, Practical- |
| Week 7 | Feb 19, 2018 | Feb 24, 2018 | | Etiology of mood disorders, Revision |
| Week 8 | Feb 26, 2018 | Mar 03 , 2018 | | Unit 3- Introduction to schizophrenia, types of schizophrenia |
| **2nd week March (Mid Semester Exam)** | | | | |  |  | Factors influencing Problem Solving and Problem Solving Strategies |
| Week 9 | March 12, 2018 | | March 17, 2018 | Symptoms of schizophrenia |
| Week 10 | March 19 , 2018 | | March 24, 2018 | Etiology of Schizophrenia |
| Week 11 | March 26, 2018 | | March 31, 2018 | Revision, Class test, Practical- |
| Week 12 | April 02, 2018 | | April 07, 2018 | Unit 4- Psychotherapies:  Psychodynamic therapy |
| Week 13 | April 09, 2018 | | April 14 , 2018 | Behaviour Therapy, Practical- |
| Week 14 | April 16, 2018 | | April 21, 2018 | Cognitive behaviour Therapy |
| Week 15 | April 23, 2018 | | April 28, 2018 | Humanistic therapy |
| Week 16 | April 30, 2018 | | May 05, 2018 | Revision, class test |
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